



What “giants” are keeping you from what God has for you?

Even though God wants good for us and is powerful enough to deliver, we often focus on the obstacles or “giants” in our lives instead of on God’s goodness and power.



Object Lesson

Mark a line on the floor or on a table and place a cup about 4 feet away. Put Legos, Jenga blocks, silverware, etc., in between the line and the cup. Give your child a small ball (about the size of a ping pong ball). Starting from behind the line, if the child can **roll** the ball and hit the cup, tell them they may have a treat (such as jelly beans or M&M’s). Of course, the cup cannot be hit because of the “giants” between the line and the cup.

Scripture

17Moses sent them to spy out the land of Canaan and said to them, “Go up into the Negeb and go up into the hill country, ¹⁸and see what the land is, and whether the people who dwell in it are strong or weak, whether they are few or many, ¹⁹and whether the land that they dwell in is good or bad, and whether the cities that they dwell in are camps or strongholds . . .”



27And they told him, “We came to the land to which you sent us. It flows with milk and honey, and this is its fruit. ²⁸However, the people who dwell in the land are strong, and the cities are fortified and very large. And besides, we saw the descendants of Anak there. . . .”

31Then the men who had gone up with him said, “We are not able to go up against the people, for they are stronger than we are.” ³²So they brought to the people of Israel a bad report of the land that they had spied out, saying, “The land, through which we have gone to spy it out, is a land that devours its inhabitants, and all the people that we saw in it are of great height. ³³And there we saw the Nephilim (the sons of Anak, who come from the Nephilim), and we seemed to ourselves like grasshoppers, and so we seemed to them.”
 —Numbers 13:17–19, 27–28, 31–33



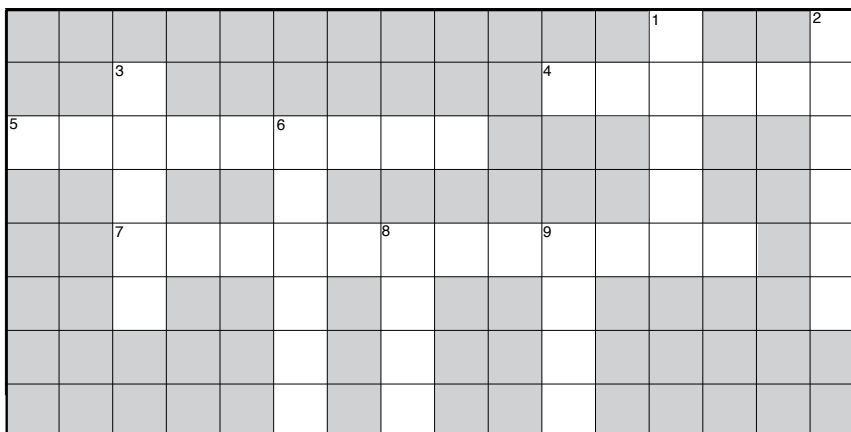
Team Work

Across:

4. Tries to stop a soccer player from scoring
5. Stops someone from being able to see
7. Stops someone from earning a living

Down:

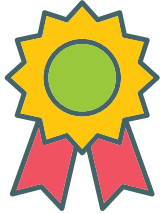
1. Tries to stop us from loving God
2. A roundabout route you take if something stops you from using your regular route
3. Stops someone from going to school
6. Stops individuals from being alone
8. Stops someone from opening the door
9. Stops an an advance against a castle



Sharing

What are some of the “giants” in your life or your home that seem to keep you from having the life or family you wish?

Write down on a piece of paper a “giant” you are facing as a family.



Encouragement

Sometimes it may seem like the giants are too big, or we are actually cooperating with the giants and fighting against God. But, God loves us so much that He showers us with mercy and grace. The giants are indeed “giants”—but we have the “BUT GOD” factor on our side. God is able, if we trust in Him, to defeat the giants in our lives that keep us from Him.

¹And you were dead in the trespasses and sins ²in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—³among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. ⁴But God, being rich in mercy, because of the great love with which he loved us, ⁵even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved . . . —Ephesians 2:1–5

Little children, you are from God and have overcome them, for he who is in you is greater than he who is in the world.
—1 John 4:4

Final Thought

Are there any “giants” in your list that are keeping you from what God desires for you? Sometimes we give up, believing that we will never be able to overcome the “giants” in our lives, but God is able to overcome! And He desires to deliver us and lead us into His “promised land” for us, if we will trust Him.



Thank God that He is bigger than any giant that may come into our life.

Pray